# DocuSign Envelope ID: ED912B92-7FE6-41AC-90AA-FE8360F4BB29 Community Health Committee

### Mission

To promote a healthy way of life involving our youth, families, and tribal leaders based on our cultural heritage, to respect strong social values of who we are and what is expected from us, to set positive role models through leadership development, community education, family preservation and collaboration of Santa Clara Pueblo tribal programs and the Santa Clara Tribal Council and support of the community.

Source: Healthy People, Healthy Community – A Profile of the Health of Santa Clara Pueblo.

## Successes

Funded through the New Mexico Department of Health, Office of Health Promotion for two consecutive terms.

Commenced updating the 2007-Community Health Profile through community outreach efforts, focus groups, and interdepartmental collaboration.

### Priorities

**Health Care:** To provide adequate infrastructure for the community members of Santa Clara Pueblo thereby providing them with better access to facilities in an effort to increase physical activity and promote healthier lifestyles.

**Food Systems:** Create a community where healthy foods are more available, accessible, affordable, marketed and demanded by consumers, specifically concentrating on reviving the want and use of traditional foods and recipes. Healthy foods are defined as nutrient-dense, locally produced, minimally processed, humanely raised, traditionally gathered, and/or seasonal.

**Community:** Create community awareness on ways to eat healthfully and how to be active by increasing opportunities and support for regular community events that motivate children, youth, and families to be physically active and make healthy food choices.



#### **CONTACT INFORMATION:**

Vallee Sain, Health Committee Coordinator – <u>vsain@santaclarapueblo.org</u> Phone number 505-396-1152 Virginia Halfmoon- Health Committee Minute Taker- <u>vhalfmoon@santaclarapueblo.org</u> Phone number 505-929-7061