



Pueblo de Cochiti– Cochiti Health Council

Mission: “Keeping Cochiti Happy, Healthy, & Well”

Vision: We are committed to supporting and guiding the Cochiti Pueblo Health Department with improving the health and wellness of Cochiti Pueblo through education and promotion for a healthy lifestyle for the community members, families and our future generations.

Goals & Objectives:

-Cochiti Pueblo Health Council goal is to recruit a couple of members to join the Health Council to bring in new ideas and hear different views of what Cochiti Pueblo may need.

-To work with Tribal Programs or outside agencies to meet the same goals that we may share by collaborating with one another to get the information out to the community and to work toward having events together in the near future.

-To increase and encourage physical activities in the community to prevent obesity in youth and adults while encouraging them to maintain a healthy life style.

Successes for 2021-2022:

Since January 2021, when the COVID-19 vaccines became available to the public, Cochiti Pueblo has been actively participating with IHS-SFSU to get all Cochiti Pueblo Tribal members vaccinated for COVID-19 . Cochiti Pueblo currently has a vaccine rate of 95% with at least 2 doses either Pfizer, Moderna, or J & J COVID-19 Vaccine. Cochiti Pueblo is still working on getting community members vaccinated with their booster shot and for those 50 years and older or those who are immune-compromised their 2nd booster shot.

Cochiti Pueblo already has talked with parents of children 4 years and younger to educate them about the vaccine and to encourage them to get their child/ren vaccinated as soon as it is available. Doing so will increase our vaccination rate and therefore protect our community members from getting seriously ill with COVID-19.