

Health Councils Respond to Coronavirus

“Recovery is figuring out how we end up stronger through this.” - Bernalillo County Community Health Council

The NM Alliance of Health Councils supports the system of health councils. County and Tribal Health Councils serve as a hub for information and mobilizing in their communities.

Health Councils

Mobilize and coordinate in their communities

- Creating mask wearing campaigns such as #IMaskUP
- Coordinating volunteers to reach out to people who are isolated
- Setting up centralized, dedicated and coordinated efforts to address peoples' needs especially in tribal areas
- Setting up emergency community food pantries and other ways to address food insecurity; delivering food
- Developing a comprehensive plan for telehealth and remote patient monitoring
- Advocating for expanded testing at community-accessible sites
- Hosting drive up Covid-19 test locations
- Producing and providing masks
- Providing free gun locks
- Creating an online parent support group
- Shipping beds to local hospitals
- Starting an Intimate Partner Violence Task Force
- Providing resources and information to people experiencing homelessness

Share important information

- Holding Zoom and Facebook meetings, classes and webinars
- Using multiple social media and other online platforms - Facebook, Instagram, Twitter, websites, email, and others
- Distributing information through local newspapers and radio
- Adding flyers and information to go out through the senior center meal distribution, meals on wheels program, and school meal programs
- Partnering with senior centers and starting a phone tree where volunteers are calling to check in on seniors and provide information
- Letting people know that we are the Health Council and are here to help AND the community is reaching out to us
- Referring people to statewide resources - DOH Coronavirus website, NM Community Data Collaborative and Share NM

Do in-depth assessment and planning

- Ongoing assessment and contacting people to understand their needs through social media, surveys, and other tools
- Doing long-term community recovery planning

The NM Alliance of Health Councils supports health councils in their Covid-19 recovery efforts through

- The Covid -19 Long Term Community Relief Project - community assessment and planning
- Health Councils Talk monthly peer network

www.nmhealthcouncils.org